

# A List of Positive Affirmations for Anyone Who's in Christ

This list of positive affirmations is probably the most meaningful way I'm connecting with God this year. Most of the battles we face are won or lost in our mind. It is important then to constantly remind oneself that our life is moving in the direction of our strongest thoughts. If we don't like the way our life is going, the first place we need to look at our thoughts.

- I am strong and mighty. I have the same power that raised Christ from the dead dwelling inside of me. I am a weapon of righteousness in a world of darkness.
- I am not my past. I am not what I did. I am who God says I am. He says I am forgiven. He says I am redeemed. He says I am free.
- I am not a hostage to unhealthy thoughts. The weapons I fight with are not the weapons of this world. I have divine power to demolish strongholds.
- I have the mind of Christ directing my thoughts. I have the Word of God guiding my steps.
- I demolish every pretension that sets itself up against the knowledge of God. I take every thought captive and make it obedient to Christ.
- Worry is not my master. I trust in God. His peace guards my heart, guards my mind, and guards my soul in Christ Jesus.
- My God has not given me a spirit of fear, but a Spirit of power, of love, and of a sound mind.
- The Lord is my helper. I will not be afraid.
- I am not a slave to my habits. I am not a prisoner to an addiction. I have been rescued from the power of darkness and brought into the kingdom of God's light.
- I am empowered. I am chosen. I am called. I am a masterpiece of God, created in Christ Jesus, to do good works which God prepared in advance for me to do.
- My God will bless me abundantly, so that in all things, at all times, having all I need, I will abound in every good work.
- My God is for me. My God is with me. No weapon formed against me will prosper.
- Nothing can separate me from God's love. Not death. Not demons. Not the present nor the past. No power on earth will ever separate me from the love of God that is in Christ Jesus my Lord.
- I am not what I have or buy. My identity is in Christ—and Christ alone.
- By God's power I can change.
- I cast my cares on God because He cares for me.
- My life belongs to God. Daily I seek Him, and daily He directs my steps. I know His voice, and He leads me to His perfect will.
- My confidence is in Christ—and Christ alone. Because His Spirit lives within me, I can do everything He calls me to do.