



Personal Goals

MESSAGE BIG IDEA

Transformation begins with determination, which requires setting goals.

REFLECTION STARTERS

- Why are goals so important to changing my life?

START THINKING

1. Goal-setting is a spiritual responsibility and goals are a statement of faith. So many of us don't take on this responsibility because we are afraid. Share a time when you let fear of failure take the lead. Also when you set a goal despite your fear.
2. Goals focus my energy and keep me going. When setting goals, a question to ask is, "Will this goal honor God?" Think of small and large goals you have had. Share the difference you experienced between a goal that honored God versus one that was self-serving.
3. Why is it important to have goals motivated by love?
4. What is the secret to success, according to Zechariah 4:6? How does a person let go of their own strength and grab ahold of God's? Share a time you were able to lean on God for strength.
5. Give an example from your life or from someone else who dreamed dreams so big they had to depend on God. What happened?
6. The greatest benefit of a goal is not what I accomplish but what I become in the process. What does that mean to you?
7. God loves it when we trust him with our dreams. How do you dream a big dream? Where does that process begin?

TAKE ACTION

- What does the word "goal" mean to you? Would you describe yourself as goal-oriented?
- Without goals, we drift through life. God wants us to live intentionally. Write down at least one goal for personal change in the next 7 weeks.
- Hold up your goal(s) under this grid: Will it honor God? Is it motivated by love? Will it require depending on God? Pray together, asking God to do amazing things in your lives as you set goals by faith. Plan to record the changes you see in one another.

Processing Kairos:

As Jesus begins his public ministry in the Gospel of Mark, he proclaims: "The time (Kairos) has come," he said. "The kingdom of God is near. Repent and believe the good news!" Mark 1:15

In Mark 1:15, we get to listen in as Jesus invites others to see that the Kingdom of God has come near and as He challenges them to repent and believe the good news. The Greek word for "time" Jesus uses here is "kairos," which represents a precise moment when it seems like our world, and God's world are colliding. The Study Guide is designed to help us pause and pay attention to these kairos moments. Please refer to the circle below to help guide your reflections.

Our three key questions to ask from this week's message:

1. What is God saying to you?
2. What are you going to do about it?
3. Who are you going to tell?

